

# WASTE AUDIT SHEET

How much waste does your home or classroom generate?  
Using gloves, tip the contents of your bins onto newspaper or tarp and sort the waste into categories. Count the items and fill in the table.

Type of waste	No. pieces	Weight	Most common item
Food waste			
Garden waste			
Other organic waste			
Paper/cardboard			
Soft plastic			
Hard plastic			
Metal			
Glass			
General waste			
Other:			
Other:			
Other:			

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What are the three most common items in your bin?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

What could you do differently or use as an alternative to this item to reduce waste?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## The four Rs to think about...

### **REFUSE**

By saying 'No' to waste, you can reduce the amount of waste you have to throw away. Consider saying no to receipts, single-use plastic and ice-cream cups (if you can, opt for a cone instead!).

### **REDUCE**

You can easily reduce your waste by carefully considering what you buy when out at the shops. Consider buying fresh produce loose, visiting a farmers market or growing your own food at home.

### **REUSE**

By reusing what you have at home, you'll be saving yourself time and money. Consider reusing egg cartons as seed planters, old saucepans as flower pots and borrowing items from family, friends and neighbours.

### **RECYCLE**

If an item can't be avoided or reused, the next best step is to recycle it! Try to use your FOGO, recycling and glass bins before you use your general waste bin.